



## The Way to the Sacred

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By Adrian Anderson

Threshold Publishing, Australia, 2014. Paperback. Book Condition: New. 244 x 170 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.By the author of the comprehensive, illustrated and now acclaimed Rudolf Steiner Handbook. The Way to the Sacred is for those interested in Rudolf Steiner's meditative path. Practical advice is given to esoteric students about problems encountered along the way. Sourced from thousands of pages of handwritten notes made by members of Rudolf Steiner's Esoteric School, (1902-1914). These provide a context for the 1924 Class lessons. Illustrations of the soul and the spirit, and other spiritual dynamics, derived from Steiner's indications. Evocative of ancient Egypt is Steiner's meditation on the Spiritual Sun. Also included is his Prayer to God, a Rose-Cross verse and his interpretation of the Beatitudes. The Way to the Sacred is an in-depth and illuminating guide to the process and problems encountered in meditating, coupled with helpful suggestions for the novice and the experienced meditator.



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